

St Thomas Aquinas Parish Bulletin

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Parish Website:	www.stachurchspringwood.org.au
Parish Facebook Page:	St Thomas Aquinas Catholic Community Springwood
Parish Priest:	Fr Paul Slyney - 4754 1052. Emergency: 0418 461 316
Assistant Priest:	Fr Michael Gathuku - 4754 1052. Emergency: 0474 272 605
Parish Pastoral Council:	Email - springwoodppc@gmail.com
Parish Office Hours:	Tuesdays to Fridays 8.30 am - 3.30 pm

Weekend Masses: Saturday Vigil Mass 5.00 pm, Sunday 8.00 am and 9.45 am

Weekday Mass: Tuesday - Saturday 9.30 am

Rosary & Devotions: Tuesday - Saturday 9.00 am

Adoration, Rosary & Chaplet: No Adoration or Devotions until further notice

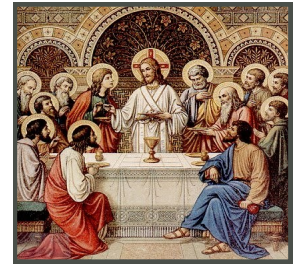
Intercession & Adoration: None until further notice

Baptisms: No Baptisms until further notice

Reconciliation: By appointment

Weddings: By appointment - restricted numbers

Funerals: By appointment - restricted numbers



"I am the living bread that came down from heaven; whoever eats this bread will live forever; and the bread that I will give is my flesh for the life of the world." [John 6:51](#)

Happy Solemnity of the Most Holy Body and Blood, Soul and Divinity of Jesus Christ, our Lord and God! What a gift we celebrate today!

The Eucharist is everything. It's all things, the fullness of life, eternal salvation, mercy, grace, happiness, etc. Why is the Eucharist all this and so much more? Simply put, the Eucharist IS God. Period. Therefore, the Eucharist is all that God is.

In his beautiful traditional hymn, *Adoro te Devote*, St Thomas Aquinas writes, "I devoutly adore you, O hidden Deity, Truly hidden beneath these appearances. My whole heart submits to you, and in contemplating you, it surrenders itself completely. Sight, touch, taste are all deceived in their judgment of you, but hearing suffices firmly to believe..." What a glorious statement of faith in this wondrous gift.

This statement of faith reveals that when we worship before the Eucharist, we worship God Himself hidden under the appearance of bread and wine. Our senses are deceived. What we see, taste and feel do not reveal the reality before us. The Eucharist is God.

Throughout our lives, if we were raised Catholic, we were taught reverence for the Eucharist. But "reverence" is not enough. Most Catholics reverence the Eucharist, meaning, we genuflect, kneel, and treat the Sacred Host with respect. But it's important to ponder a question in your heart. Do you believe the Eucharist is God Almighty, the Saviour of the world, the second Person of the Most Holy Trinity? Do you believe deeply enough to have your heart moved with love and profound devotion every time you are before our divine Lord present before us under the veil of the Eucharist? When you kneel do you fall down prostrate in your heart, loving God with your whole being?

Perhaps this sounds like it's a bit excessive. Perhaps simple reverence and respect is enough for you. But it's not. Since the Eucharist is God Almighty, we must see Him there with the eyes of faith in our soul. We must profoundly adore Him as the angels do in Heaven. We must cry out, "Holy, Holy, Holy is the Lord God Almighty." We must be moved to the deepest of worship as we enter into His divine presence.

Ponder the depth of your faith in the Eucharist today and strive to renew it, worshiping God as one who believes with your whole being.

I devoutly adore you, O hidden Deity, Truly hidden beneath these appearances. My whole heart submits to you, and in contemplating you, it surrenders itself completely. Sight, touch, taste are all deceived in their judgment of you, but hearing suffices firmly to believe. Jesus, I trust in You.

Today's Readings: Deut 8:2-3, 14-16; 1 Cor 10:16-17; Jn 6:51-58

Entrance Antiphon: He fed them with finest wheat and satisfied them with honey from the rock..

Responsorial Psalm: 147:12-15, 19-20. R. v. 12

R. Praise the Lord, Jerusalem!

Gospel Acclamation: Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live forever. Alleluia!

Communion Antiphon: Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Next Week: Jer 20:10-13; Rom 5:12-15; Mt 10:26-33



Recently Deceased:

Sick: Kate Moore, Eva Fitzgerald, Pamela Pereira, Nicholas Zdon, Melissa Baxter, Mary Ellen Schell, Sue Downes, Joan Eastwood, Gwen Daly, Kerry Aitken, Anthony O'Connell, Wal & Anne Knoke, Angela Brown, Lea Dardenne, Matthew Christie, Nathan Duffy, Francisco Robles, Teresita Robles, Susie Ziino, Patricia Duffy, Sarah Walke, Jackie Davies, Kimberly Cusack, Carole & Brian Proops, Margaret Healy, Colleen Lusty, Lorna Lyons, Christopher Coombs, Lucinda Goodwin, Angela Coombs, Leila Baker, Mary Coombs, Slawcia Pisarska, Luca Hurley (Child), Joan Lohrey, Sarah & Thomas McGoram, Frances Hinder, Shirley Anderson, Peter Doherty, Val Hardy, Carmel Chetcuti, Liz Miles, Emile Amine, Taunu Gaitau, Janice Glassington, Helen Meville, Susan Solomon, Thomas Glavas,

and all Private Intentions.

Due to the strict privacy laws, names of the deceased and sick can only be included in the Bulletin with the permission of the immediate family. Thank you.



When you can't make it to Mass and are stuck at home, send your guardian angel to church to intercede for you!

*O HOLY ANGEL at my side, go to Church for me,
Kneel in my place, at Holy Mass, where I desire to be.*

*At Offertory, in my stead, take all I am and own,
And place it as a sacrifice upon the Altar Throne.*

*At Holy Consecration's bell, adore with Seraph's love,
My Jesus hidden in the Host, come down from Heaven above.*

*Then pray for those I dearly love, and those who cause me grief,
That Jesus' Blood may cleanse all hearts, and suffering souls relieve.*

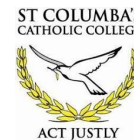
*And when the priest Communion takes, oh, bring my Lord to me,
That His sweet Heart may rest on mine, and I His temple be.*

*Pray that this Sacrifice Divine, may mankind's sins efface;
Then bring me Jesus' blessing home, the pledge of every grace. Amen*

Schools in our Parish



St Thomas Aquinas Primary School
Principal - Miss Marina Hardy 4723 3800

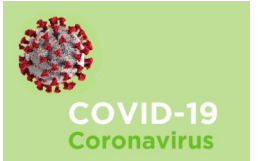


St Columba's Catholic College
Principal - Mr Paul Ryan 4754 1022



The NSW Government considers all land and buildings on a church property, indoor and outside, as a place of worship when it comes to how many people can gather.

This means that only 50 people may gather at our church property at one time.



PLEASE READ BELOW

- ◆ If we have more than 50 people at Mass, we are liable for an on-the-spot fine of \$1,000 or a maximum penalty of \$11,000.
- ◆ As we are a place of worship, we could be liable for a maximum penalty of \$55,000 and a further \$27,500 if we continue to have more than 50 people.
- ◆ If you **CONGREGATE** outside the church at the end of Mass, the above fines will apply. Please, we ask you not to stay on the church grounds after Mass as this is considered a gathering. (Even if you are socially distancing).

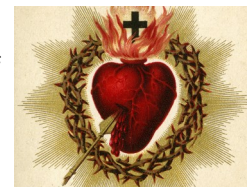
All of the above would be a breach of orders made under the Public Health Act 2010 and would be considered a criminal offence.

These measures have been put in place to create and maintain a safe environment for you.

Please help us to help you.

Record Keeping: We are required by law to produce to the Chief Health Officer (if requested) a record of names and phone numbers of every person entering these premises. These records are kept confidentially and securely in a locked room for a total of 28 days before being destroyed.

In the Catholic Church, the month of June is dedicated to the Sacred Heart of Jesus. This great feast in the Church is celebrated on the Friday after the Second Sunday after Pentecost, and following the feast of Corpus Christi which celebrates the Body and Blood of Christ.



The Solemnity of the Most Sacred Heart of Jesus

Friday, 19th June 2020

Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. [Matthew 11:29](#) (Year A Gospel)

Happy Solemnity of the Most Sacred Heart of Jesus!

To some, this can seem like an old and outdated celebration in the Church. It can be seen as one of those ancient feasts that have little meaning in our lives today. Nothing could be further from the truth!

The Sacred Heart of Jesus is exactly what we need to know, experience and receive in our lives today. His heart, that heart which was pierced by the lance and from which flowed blood and water, is the sign, symbol and source of the burning love of His very soul. The blood is an image of the Most Holy Eucharist and the water is an image of the cleansing waters of Baptism.

This celebration of the Sacred Heart of Jesus is a celebration of Jesus pouring out on us His whole life and all of His love. He held nothing back which is symbolized by the pouring forth of the last drop of this blood and water from His Heart as He lay there dead on the Cross. Though it's a very graphic image, it's graphic to make a point. The point, again, is that He held nothing back. We need to realize that Jesus continues to give us everything if we are willing to receive it.

If you are finding that you need to know His love more deeply in your life this day, try spending time reflecting on this Scripture: "...but one soldier thrust his lance into his side, and immediately blood and water flowed out" ([John 19:33-34](#)). Spend time reflecting upon that last self gift, the gift of that water and blood flowing from His wounded Heart. It is a sign of His infinite love for you. Reflect upon it being poured out especially for you. See it, be immersed in it, and be open to it. Let His love transform and fill you.

Sacred Heart of Jesus, have mercy on us. I thank You, dear Lord, for giving all to me. You held nothing back from me and You continue to pour out Your life for my good and for the good of the whole world. May I receive all You give to me and hold nothing back from You. Jesus, I trust in You.



Jesus also gave us, through St Margaret Mary, special promises for those who keep a loving devotion to the attribute of His infinite love for mankind as represented in His Most Sacred Heart. Below are the 12 incredible promises of Jesus to those who have a true devotion to His Sacred Heart:

1. I will give them all the graces necessary in their state of life.
2. I will establish peace in their homes.
3. I will comfort them in all their afflictions.
4. I will be their secure refuge during life, and above all, in death.
5. I will bestow abundant blessings upon all their undertakings.
6. Sinners will find in my Heart the source and infinite ocean of mercy.
7. Lukewarm souls shall become fervent.
8. Fervent souls shall quickly mount to high perfection.
9. I will bless every place in which an image of my Heart is exposed and honoured.
10. I will give to priests the gift of touching the most hardened hearts.
11. Those who shall promote this devotion shall have their names written in my Heart.
12. I promise you in the excessive mercy of my Heart that my all-powerful love will grant to all those who receive Holy Communion on the First Fridays in nine consecutive months the grace of final perseverance; they shall not die in my disgrace, nor without receiving their sacraments. My divine Heart shall be their safe refuge in this last moment.

Efficacious Novena to the Sacred Heart of Jesus

- I. O my Jesus, you have said: 'Truly I say to you, ask and you will receive, seek and you will find, knock and it will be opened to you. ' Behold I knock, I seek and ask for the grace of..... *(here name your request)* Our Father... . Hail Mary... . Glory Be to the Father... .

Most Sacred Heart of Jesus, I place all my trust in you.

- II. O my Jesus, you have said: 'Truly I say to you, if you ask anything of the Father in my name, he will give it to you. ' Behold, in your name, I ask the Father for the grace of..... . *(here name your request)* Our Father... Hail Mary... . Glory Be To the Father... .

Most Sacred Heart of Jesus, I place all my trust in you.

- III. O my Jesus, you have said: 'Truly I say to you, heaven and earth will pass away but my words will not pass away. ' Encouraged by your infallible words I now ask for the grace of... . . *(here name your request)* Our Father... . Hail Mary... . Glory Be to the Father... .

Most Sacred Heart of Jesus, I place all my trust in you.

O Sacred Heart of Jesus, for whom it is impossible not to have compassion on the afflicted, have pity on us miserable sinners and grant us the grace which we ask of you, through the Sorrowful and Immaculate Heart of Mary, your tender Mother and ours.

Say the Hail, Holy Queen and add: St. Joseph, foster father of Jesus, pray for us.

- St. Margaret Mary Alacoque

Padre Pio recited this novena every day for all those who requested his prayers.



An Act of Consecration to the Sacred Heart of Jesus

O Sacred Heart of Jesus, to Thee I consecrate and offer up my person and my life, my actions, trials, and sufferings, that my entire being may henceforth only be employed in loving, honouring and glorifying Thee. This is my irrevocable will, to belong entirely to Thee, and to do all for Thy love, renouncing with my whole heart all that can displease Thee.

I take Thee, O Sacred Heart, for the sole object of my love, the protection of my life, the pledge of my salvation, the remedy of my frailty and inconstancy, the reparation for all the defects of my life, and my secure refuge at the hour of my death. Be Thou, O Most Merciful Heart, my justification before God Thy Father, and screen me from His anger which I have so justly merited. I fear all from my own weakness and malice, but placing my entire confidence in Thee, O Heart of Love, I hope all from Thine infinite Goodness. Annihilate in me all that can displease or resist Thee. Imprint Thy pure love so deeply in my heart that I may never forget Thee or be separated from Thee. I beseech Thee, through Thine infinite Goodness, grant that my name be engraved upon Thy Heart, for in this I place all my happiness and all my glory, to live and to die as one of Thy devoted servants. Amen.

- St. Margaret Mary Alacoque