

Springwood Parish is having a food drive on the 13th and 14th August to support refugees and asylum seekers in Western Sydney through the Jesuit Refugee Service (JRS).

JRS do amazing work supporting refugees and asylum seekers which includes advocacy, emergency assistance, a food bank, housing support and employment assistance.

If you are able to donate some of the following food items, it would be greatly appreciated. Please deliver to STA church after masses on the weekend of 13th and 14th August or to the parish office beforehand if that is more

## suitable to you.

long life full cream milk, 1 litre canned tomatoes, 400g canned red kidney beans, 400g canned lentils, 400g canned coconut milk, 400ml canned tuna in oil (not flavoured), (190g and 425g)

> biscuits/sweets basmati rice (1kg and 5kg) cooking oil (750ml and 1 litre) dry chickpeas (1kg and 375g) dry green lentils (1kg and 375g) dry red lentils (1kg and 375g) disposable shaving razors NO baked beans or soup please



