

**WEEK 2**

**ADVENT 2022**

## *St Thomas Aquinas Parish*

### *Preparing our Hearts and asking for Grace*

**We prepare this week** by stepping up the longing. We move through this week by naming deeper and more specific desires.

**Each morning this week**, if even for that brief moment, we want to light a second *inner candle*. We want to let it represent “a bit more hope.” Perhaps we can pause, breathe deeply and say,

*“Lord, I place my trust in you.”*

**Each day this week**, as we encounter times that are rushed, even crazy, we can take that deep breath, and make that profound prayer.

The grace we desire for this week is to be able to hear the promise and to invite our God to come into those real places of our lives that dearly need God's coming. We want to be able to say:

*“Lord, I place my trust in your promise. Please, Lord, rouse your power and come into this place in my life, this relationship, into this deep self-defeating pattern. Please come here and help me.”*

**Each night this week** we can look back over the day and give thanks for the moments of deep breath, that opened a space for more trust and confidence in God's fidelity to us. No matter how difficult the challenges we are facing, we can give thanks for the two candles and, we can give thanks for the graces given us to believe that “Our God will come to save us” because we were given the courageous faith to desire and ask boldly.

***Come, Lord Jesus. Come and visit your people.  
We await your coming. Come, O Lord.***

<https://onlineministries.creighton.edu/CollaborativeMinistry/Advent/secondweek.html>

**We invite you to take home a small candle, which has been blessed, to place on your table and light as you welcome the **second week of Advent** into your family.**

