

FIRST WEEK OF LENT PRAYERS

Sunday

First Sunday of Lent

Lord God,
you who breathed the spirit of life within
me.
Draw out of me the light and life you
created.
Help me to find my way back to you.
Help me to use my life to reflect your glory
and to serve others
as your son Jesus did.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

Tuesday

The First Week of Lent

Father of my soul,
Mother of my heart,
I know your love for me is limitless beyond
imagining.
You care for me as a loving parent.
Through my smallest Lenten sacrifices,
help me to become less selfish
and more aware of your ways.
Fan the flame of my desire
to draw ever closer to you.
Guide me to seek your love.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

Monday

The First Week of Lent

Loving God,
you call us back to you with all of our
hearts.
I feel your call for me deep in my heart
and I know you want me back
as much as I want to return.
Please, Lord,
give me the wisdom to know how to
return.
Make my journey back to you this Lent
one of grace, forgiveness and gentle love.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

Wednesday

The First Week of Lent

Dear Lord,
I know you receive what is in my heart.
Let me be inspired by your words
and by the actions of your son, Jesus.
Guide me to make sacrifices this Lent
in the spirit of self-denial
and with greater attention to you
and to those around me.
Help me to believe that you will grant me
this
because of the sacrifice Jesus made for
me.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

Thursday

The First Week of Lent

Lord,
I'm not always eager to do your will.
I'd often much rather do my own will.
Please be with me on this Lenten journey
and help me to remember
that your own spirit can guide me
in the right direction.
I want to "fix" my weaknesses
but the task seems overwhelming.
But I know that with your help,
anything can be done.
With a grateful heart,
I acknowledge your love
and know that without you,
I can do nothing.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

Saturday

The First Week of Lent

Loving God,
Sometimes my heart
turns in every direction
except towards you.
Please help me
to turn my heart toward you,
to gaze upon you in trust
and to seek your kingdom with all of my
heart.
Soften my hardened heart
so that I might love others
as a way to glorify and worship you.
Grant me this
with the ever-present guidance of your
spirit.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

Friday

The First Week of Lent

Creator of my life,
renew me: bring me to new life in you.
Touch me and make me feel whole again.
Help me to see your love
in the passion, death and resurrection of
your son.
Help me to observe Lent
in a way that allows me to celebrate that
love.
Prepare me for these weeks of Lent
as I feel both deep sorrows for my sins
and your undying love for me.

May the Lord bless us,
protect us from all evil
and bring us to everlasting life.
Amen.

