

Reading Roster

Date:	10th/11th June 2023	The Most Holy Body and Blood of Christ	
Mass Time:	VIGIL 5:00PM	8.00AM	9.30AM
Priest:	Fr Shinto	Fr Shinto	Fr Shinto
Acolyte:	Ian Miles	Randall Noney	Bernard Ellis
Commentator:	Margaret Smith	Cecilia Hunt	Domnhall MacCormac
First Reading:	Felix Kobus	Ros Comfort	Matt Aldous
Second Reading:	Tanya Baldwin	Loida Derbyshire	Katherine Mahns
Music:	Chris Wilson	None	Streeters
Date:	17th/18th June 2023	11th Sunday in Ordinary Time	
Mass Time:	VIGIL 5:00PM	8.00AM	9.30AM
Priest:	Fr Paul	Fr Paul	Fr Paul
Acolyte:	Ed Junis	John Belfanti	Richard Merchant
Commentator:	Felix Kobus	Kim Crawford	Colleen Baker
First Reading:	Wilhelmina de Raadt	Jim Gresser	Steve Bishop
Second Reading:	Lynette Boyd	Loida Derbyshire	Phillip Saville
Music:	None	None	Chris Wilson

Morning Tea Roster - 18th June after 9:30am Mass: Vinnies / Children's Liturgy



Please keep our 23 Confirmation candidates in your prayers as they prepare to be confirmed at St Thomas Aquinas on **June 14th**.

They have successfully finished their preparation and are excited to receive this special seal from the Holy Spirit.

Confirmation Prayer

Lord, You send out Your Spirit to touch the hearts of all people, so that they may believe in You and in Jesus whom You sent.

Look kindly on all candidates for Confirmation as they listen to Your voice. Open their hearts to Your Spirit and bring to fulfillment the good work that You have begun in them.

As we prepare these children for Confirmation, make each of us an instrument of Your love. Teach us to appreciate what is holy in others, and to be patient with what we do not understand.

Deepen our faith in the Gospel and help us to pass it on by our example. We pray that You will continue to guide us and sustain us. Through Christ our Lord, Amen.

- + If you are committed to prayer, gospel values and growth in personal holiness
- + If you are at ease with one-to-one social encounters, visiting the sick in their private homes and/or retirement aged care facilities
- + If you understand the sacredness of the Eucharistic encounter, giving this moment the time and presence it deserves
- + If you desire to serve the community and to commit time and talents to this ministry



Then this is for you. We are looking for more volunteers to be part of our ministry. If you would like to become an Extraordinary Minister of the Holy Communion please contact Fr Shinto Francis or the Parish Office 02 4754 1052. We are looking forward to welcoming you.

St Thomas Aquinas Parish Bulletin

168 Hawkesbury Road, Springwood, NSW, 2777
 PO Box 4410, Winmalee, NSW 2777
 Phone: 02 4754 1052



Parish Email: email: springwood@parracatholic.org
Parish Website: www.stachurchspringwood.org.au
Parish Facebook Page: St Thomas Aquinas Catholic Community Springwood
Parish Priest: Fr Paul Slyney - 4754 1052 *Emergency ONLY:* 0418 461 316
Assistant Priest: Fr Shinto Francis - 4754 1052 *Emergency ONLY:* 0415 077 969
Parish Pastoral Council: Suggestions to the Box at the Back of the Church
Parish Office Hours: Tuesday to Friday 8.30 am - 3.30 pm

Weekend Masses: Saturday Vigil Mass 5.00 pm, Sunday 8.00 am and 9.30 am
Weekday Mass: Tuesday - Saturday 9.30 am
Healing Mass: 1st Friday of the month, 9.30am
Rosary & Devotions: Monday-Saturday, 9.00am
Children's Liturgy: 3rd Sunday of every month, 9:30 am
Adoration, Rosary: 2nd and 4th Wednesdays of every month, 7.30 - 8.30 pm
Baptisms: 2nd and 4th Sundays of every month - 10.30am and by appointment
Reconciliation: Please Contact the Parish Office
Weddings: By appointment
Funerals: Please Contact the Parish Office

We respect the Darug people and their elders both past and present, as the traditional custodians of this land on which we celebrate the Eucharist.

THE FIRST READING

Deuteronomy 8:2-3, 14b-16a

Do not forget the Lord, your God, who fed you in the desert with manna.

Yesterday
amid scorpions and parched ground,
you gave cool water from the rock,
and manna from the empty sky.

Today
we need your manna once more.
We have our own serpents
and waterless ground.

Lord,
give us your body and
give us your blood.
Make us one with you
as you guide us through this desert.

Anne Osdieck

**A Poem to Sit With
 Solemnity of the
 Most Holy Body and Blood of Christ**

Jesus Speaks

You can do nothing without me
 Why do you keep trying to do things alone?
 A child is not supposed to lift heavy things alone

All I ask is that you talk to me
 Tell me why you are sad
 Tell me why you are afraid
 Tell me why you are tired
 Come to me—I will refresh you



J. Janda

Today's Readings: Deuteronomy 8:2-3, 14-16; 1 Corinthians 10:16-17; John 6:51-58

Entrance Antiphon: He fed them with the finest wheat and satisfied them with honey from the rock.

Responsorial Psalm: Psalm 147:12-15, 19-20

R. Praise the Lord, Jerusalem.

Gospel Acclamation: Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

Communion Antiphon: Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.



Sick: Mary Whyte, Maria Kay, Gwen Daly, Ray Lyons, Lally Sabater, Baby Leonardo Diaz, Susie Ziino, James Wallace, Mischa Damaguc and family, Margaret Day, Adam McCully, Christopher Coombs, Luca Hurley and all Private Intentions.

Due to the strict privacy laws, names of the deceased and sick can only be included in the Bulletin with the express permission of the immediate family. Thank you.

PARISH AND DIOCESAN NEWS

INFORMATION ON LITURGY: The Parish Pastoral Council would like to hear from any parishioner who would be interested in helping our liturgical ministry. Liturgy is more than only words. We would like our parish to be a vibrant, meaningful and inclusive place of worship. Help us to establish a consistent, prayerful, and inviting liturgy for each Mass. Please email the Parish Pastoral Council on springwoodparishpc@gmail.com or place your name into the suggestion box at the back of the church and the PPC will review submissions at the next meeting in June.

PARISH PASTORAL COUNCIL: The next meeting for the PPC will be held on Tuesday, 20th June. If you would like to include any items to the agenda, please place into an envelope and put into the PPC Box situated at the back of the church.

SAVE CALVARY HOSPITAL: There is a petition to the Members of the ACT Legislative Assembly to reverse a decision of the ACT government to compulsorily acquire Calvary Hospital in Canberra. This removes the ownership and management from Calvary Health Care – a Catholic operator – and gives the ownership to the government-run, non-faith-based Canberra Health Services instead. To find out more about the implications of this decision and to sign the petition please visit: www.savecalvary.com.au

STA LADIES FELLOWSHIP: The STA Ladies Fellowship meeting will be held on Friday 16th June after the 9:30am Mass at the Parish Centre. All welcome.

COUNTERS: If you would like to be part of our weekly contribution counters, you are available during the week at 10.00am for one day a month, please send an email to the parish office at springwood@parracatholic.org

TRAFFIC LIGHTS 168 HAWKESBURY RD: A fault has been identified as an in-ground sensor at the traffic lights which was affecting the ability for the side road to be given a green phase to exit onto Hawkesbury Road. It has been necessary to temporarily force the traffic signals to provide a green phase to the side road. This matter is now with the maintenance contractor to address the matter. - Transport for NSW.

PAINTING: Our Parish has been gifted a beautiful, original oil painting and we would like to have help from someone that may know of how the art world operates and how we can sell the art to raise money for our Parish (at the donors request). If you think you may be able to help, please speak with Debbie in the office. Thank you.



DIOCESAN LITURGICAL CONFERENCE: The Diocesan Liturgy Conference is on again in 2023! Save the date for Saturday 15 July at St Andrew the Apostle Parish, Marayong. Fr Peter Williams AM VG will be the Keynote speaker as we celebrate the 60th anniversary of the Constitution on Sacred Liturgy. The conference will include a variety of workshops such as nourishing faith in children and discovering sacred art. To register, please visit www.trybooking.com/events/landing/1041495, scan the QR code or contact mary.gale@parracatholic.org.

REFUGEE WEEK CREATIVE SHOWCASE: Join us for an inspiring event featuring participants of the JRS Australia Leadership Program reflecting on this year's Refugee Week theme: 'Finding Freedom'. Experience a creative showcase including speeches, poetry, short film and art on Friday 16 June at 6pm at the Cloister Room, St Patrick's Cathedral, 1 Marist Pl, Parramatta. Parking available onsite. RSVP via <https://bit.ly/refugeeweekshowcase>

AUSTRALIAN PILGRIMAGE: The Sisters of Saint Joseph have prepared an Australian Pilgrimage, "In the Footsteps of Mary MacKillop" commencing in Melbourne on 17 October, journeying through Victoria and South Australia, and ending at Mary MacKillop Place, North Sydney on 28 October 2023. During the pilgrimage we visit many places associated with Mary MacKillop's life and ministry. For further information please contact national.pilgrimage@mmp.org.au or on 89124818.

PARISH LIBRARY: The approach of winter seems a timely opportunity to remind you all of the parish library which operates from the shelves on the eastern / organ side of our church. Wander over for a browse and take, swap or donate as your interests move you.

FREE WELLBEING GROUPS HOSTED BY CATHOLIC CARE'S SPRINGWOOD

DROP-IN CENTRE: *About Time* is an exciting new group for men to discover, connect and be inspired at every stage of life. If you're looking to make new connections, to join in on a stimulating conversation or simply be in a group where ideas and stories are shared, valued and welcome, *About Time* is the group for you! Led by an experienced educator and trained facilitator, *About Time* will meet every 1st and 3rd Tuesday of the month in Springwood Town Centre from 10am-12pm. Men from all ages and stages of life are welcome. Be inspired. Discover things and people you didn't know and connect with your community.



Glancing Thoughts Solemnity of the Most Holy Body and Blood of Christ

Bread from Heaven

When the Israelites came out of Egypt, God did one miracle after another for them. He got water from a rock when they were thirsty; and, when they were hungry, he fed them with bread from heaven. "Mah nah?—what is this?" the Israelites asked when they saw it; and 'manna' has been its name ever since.

Why didn't God just miraculously produce real, ordinary bread for them?

They learned to trust in God, who fed them with what they needed to live.

Moses answers this question in his speech to the people: God fed them with manna so that they might know one does not live by bread alone. If God had fed them ordinary bread, they wouldn't have learned the lesson. As it was, first they hungered, and then they were fed miraculously with the who-knows-what-this-is bread from heaven. And so they learned to trust in God, who fed them with what they needed to live.

But this is only half the lesson, as Moses explains it: one does not live by bread alone; what else is needed is the word of God.

And so, when the time was right, the only-begotten Word of God came so that people might not perish but have everlasting life ([John 3:16](#)).

That is why Christ said that he was the true bread from heaven. One does not live by bread alone but by this true Word of God.

And, by a miracle which completes the lesson of the manna, this Word is the bread of life for all the faithful. The Word of God and the bread from heaven are present in one here.

In the Eucharist, then, there is everything that one needs to live, if one will only learn the lesson and trust in Christ, who feeds his people with himself, the living bread from heaven and the Word of God.

Eleonore Stump



PARISH AND DIOCESAN NEWS CONTINUED:

CC INSURANCE: On the 29th May the Board of Catholic Insurances announced to the market that because of failure to obtain more capital from their shareholders, the Board determined that it had no other option but to voluntarily place CCI in a state of "run off" effective immediately. For us this means simply that our insurance policies are still to be honoured until they expire but they are not permitted to write any new business or renew any policies. We have been assured that the Chancery are collaborating with other agencies to obtain us substitute insurances to be in place by the end of this year when our current insurances expire.

CARPARK LIGHTS: Thank you for your patience while we try to fix the car park lights. As they are high and exceed a normal cherry picker height, we have found contractors hard to come by but we have made contact with a company and are waiting to be able to fit in with their schedule.